

**PROFESSIONAL SUMMARY:** Health and social psychology researcher with 7+ years of experience in designing and conducting studies, analyzing data, and communicating results through publications and presentation based on the data. Ability to translate research into actionable insights to improve public health outcomes and inform health policy. Extensive experience managing research projects, mentoring, teaching, and collaborating across interdisciplinary teams.

## EDUCATION

<b>Ph.D. Social and Personality Psychology</b> – University of California, Riverside	<b>June 2025</b>
<i>Health and Well-Being Minor</i>	<i>(expected)</i>
Advisor: Megan L. Robbins, PhD	
Thesis: <i>Frequency of Gossiping in Romantic Relationships: Associations with Dyad Gender and Relationship Quality</i>	
Dissertation: <i>Everyday Engagement in Out-Loud Self-Talk: Self-Reported and Observed Variations in Prevalence, Characteristics, and Well-Being Correlates</i>	
<b>M.A. Social Psychology</b> – San Diego State University	<b>2020</b>
Advisor: Allison A. Vaughn, PhD	
Thesis: <i>Relationship Quality and Racial Composition of Roommates: Effects on Cardiovascular and Psychological Outcomes</i>	
<b>B. S. Psychology</b> – University of California, Davis	<b>2017</b>
<i>Professional Writing Minor</i>	

## PEER REVIEWED JOURNAL ARTICLES

**Spahr, C. M.**, Martinez, M. A., Jonnalagadda, P., & Robbins, M. L. (in press). Mobile sensing and observational ambulatory assessment technologies. In *Oxford Research Encyclopedia of Global Public Health*. New York: Oxford University Press. [Note: this entry was peer reviewed]

Robbins, M. L., **Spahr, C. M.**, Karan, A. (2024). Re-evaluating the honing framework: Naturalistic observation of same- and different-gender couples' conversations. *Personal Relationships*. 31(1), 156–174. doi: [10.1111/pere.12533](https://doi.org/10.1111/pere.12533)

Robbins, M. L., Jonnalagadda, P., & **Spahr, C. M.** (2024). Rebalancing social and personality psychology methods: The case for naturalistic observation. *Social and Personality Psychology Compass*. e12917. doi: [10.1111/spc3.12917](https://doi.org/10.1111/spc3.12917)

Engels, N., Riphagen, J.M., Van Egroo, M., **Spahr, C.M.**, Slavich, G.M., & Jacobs, H.I.L. (2023). Preliminary validation of the Stress and Adversity Inventory for Adults (Adult STRAIN) in Dutch and its associations with in-vivo locus coeruleus integrity. *Alzheimer's & Dementia*, 19. e082786. doi: [10.1002/alz.082786](https://doi.org/10.1002/alz.082786)

Parra, L.A., **Spahr, C. M.**, Goldbach, J. T., Bray, B. C., Kipke, M. D., Slavich, G. M. (2022). Greater lifetime stressor exposure is associated with poorer mental health among sexual minority people of color. *Journal of Clinical Psychology*. 79(4), 1130–1155. doi: [10.1002/jclp.23463](https://doi.org/10.1002/jclp.23463)

McIntosh, E. C., Beam, C., **Spahr, C. M.**, Slavich, G. M., Thames, A. D. (2022). Prefrontal cortex volume mediates the relationship between lifetime chronic stressor exposure and cognition in people living with and without HIV. *Psychosomatic Medicine*, 84, 904–913. doi: [10.1097/PSY.0000000000001125](https://doi.org/10.1097/PSY.0000000000001125)

Burani, K., Brush, C. J., **Spahr, C. M.**, Slavich, G. M., Meyer, A., & Hajcak, G. (2022). Corporal punishment is uniquely associated with a greater neural response to errors and blunted neural response to rewards in adolescence. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, 8(2), 210–218. doi: [10.1016/j.bpsc.2022.09.004](https://doi.org/10.1016/j.bpsc.2022.09.004)

McLoughlin, E., Arnold, R., Fletcher, D., **Spahr, C. M.**, Slavich, G. M., & Moore, L. J (2022). The development and initial validation of the Stress and Adversity Inventory for sport performers: How lifetime stress exposure relates to health, wellbeing, and performance. *Psychology of Sport and Exercise*, 58. doi: [10.1016/j.psychsport.2021.102078](https://doi.org/10.1016/j.psychsport.2021.102078)

Kim, S., Zhang, W., Pak, V., Aqua, J. K., Hertzberg, V. S., **Spahr, C. M.**, Slavich, G. M., & Bai, J. (2021). How stress, discrimination, acculturation, and the gut microbiome affect depression, anxiety, and sleep among Chinese and Korean immigrants in the United States: A cross-sectional study protocol. *BMJ Open*, 11, e047281. doi: [10.1136/bmjopen-2020-047281](https://doi.org/10.1136/bmjopen-2020-047281)

Moseley, R. L., Turner-Cobb, J.M., **Spahr, C. M.**, Shields, G.S., & Slavich, G. M. (2021). Lifetime and perceived stress, social support, loneliness, and health in autistic adults. *Health Psychology*, 40(8), 556–568. doi: [10.1037/hea0001108](https://doi.org/10.1037/hea0001108)

Foubert, L., Noël, Y., **Spahr, C. M.**, & Slavich, G. M. (2021). Beyond WEIRD: Associations between socioeconomic status, gender, lifetime stress exposure, and depression in Madagascar. *Journal of Clinical Psychology*, 77(7), 1644–1665. doi: [10.1002/jclp.23131](https://doi.org/10.1002/jclp.23131)

Reblin, M., Vaughn, A. A., Birmingham, W. C., Smith, T. W., Uchino, B. N., & **Spahr, C. M.** (2020). Complex assessment of relationship quality within dyads. *Journal of Community Psychology*, 48(7), 2221–2237. doi: [10.1002/jcop.22392](https://doi.org/10.1002/jcop.22392)

Shields, G. S., **Spahr, C. M.**, & Slavich, G. M. (2020). Psychosocial interventions and immune system function: A meta-analysis. *JAMA Psychiatry*, 77(10), 1031–1043. doi: [10.1001/jamapsychiatry.2020.0431](https://doi.org/10.1001/jamapsychiatry.2020.0431)

Cazassa, M. J., Oliveira, M. S., **Spahr, C. M.**, Shields, G. S., & Slavich, G. M. (2019). The Stress and Adversity Inventory for Adults (Adult STRAIN) in Brazilian Portuguese: Initial validation and links with executive function, sleep, and mental and physical health. *Frontiers in Psychology*, 10. doi: [10.3389/fpsyg.2019.03083](https://doi.org/10.3389/fpsyg.2019.03083)

Shields, G. S., **Spahr, C. M.**, & Yonelinas, A. P. (2019). Feel free to write this down: Writing about a stressful experience does not impair change detection task performance. *Emotion*, 20(2), 317–322. doi: [10.1037/emo0000549](https://doi.org/10.1037/emo0000549)

## MANUSCRIPTS UNDER REVIEW OR IN PROGRESS

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**Spahr, C. M.**, & Robbins, M. L. (In progress). Spill the tea, honey: Gossiping with romantic partners predicts better relationship quality and happiness.

Rosero-Pahi, M., Andoh, J., Shields, G. S., **Spahr, C. M.**, Acosta-Ortiz, A., Serrano-Gomez, S., & Slavich, G. M. (Under review). Cumulative lifetime stress exposure impairs stimulus-response learning but has no effect on contextual learning in healthcare professionals.

Parra, L. A., Roos, L. G., **Spahr, C. M.**, Goldbach, J. T., Bray, B. C., Kipke, M. D., & Slavich, G. M. (Under review). Optimism mitigates the negative effects of lifetime financial stressors on mental health among Black and Latinx sexual minority emerging adults.

Kim, E., Davis, K. M., Shields, G. S., **Spahr, C. M.**, Joseph, N. T., Slavich, G. M., & Zilioli, S. (In progress). The Stress and Adversity Inventory for Adults (Adult STRAIN) among urban middle-aged and older African Americans.

Slavich, G. M., Milanović, M., **Spahr, C. M.**, Pleić, N., Kirigin, D., Britvić, D. (In progress). Psychosocial and clinical differences in atients with PTSD versus Complex PTSD.

Guzey, M., Yigit, I., **Spahr, C. M.**, Shields, G. S., & Slavich, G. M. (In progress). The Turkish form of the Stress and Adversity Inventory for Adults (Adult STRAIN): An initial validation and associations with mental and physical health.

## TECHNICAL REPORTS

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Lussier, C. M., Donham, A. M., & **Spahr, C. M.** (2021). *Online strategy usage and fostering a sense of belonging in undergraduate STEM education: Evaluation of the SMI online platform impact during COVID-19*. Technical report for UCR's California Teach-Science & Mathematics Initiative.

## RESEARCH EXPERIENCE

### UCR OBSERVE Lab, Riverside, CA

2020 – Present

#### Graduate Student and Researcher

- Designed and led studies employing observational and mixed methods to investigate the connections between social interactions and health outcomes.
- Developed and implemented coding systems; applied advanced statistical analyses (e.g., Actor-Partner Interdependence Models, ANOVAs, t-tests, correlations) to explore interpersonal and intrapersonal dynamics.
- Recruited, trained, and mentored 30+ research assistants; organized schedules and monitored coder progress to ensure data reliability and team efficiency.
- Spearheaded the creation of innovative coding systems to analyze complex social behaviors.
- First author of an in-press paper, Mobile Sensing and Observational Ambulatory Assessment Technologies, in the *Oxford Research Encyclopedia of Global Public Health*.
- Contributing author on two scientific papers published in peer-reviewed journals.
- Secured funding for multiple research projects through successful grant applications.

### UCLA Lab for Stress Assessment and Research, Los Angeles, CA

2017 – Present

#### Project Manager and Research Assistant

- Conducted research on the effects of stress on health by analyzing datasets from diverse populations, presenting findings to interdisciplinary research teams, and contributing to 11 peer-reviewed publications in journals such as *JAMA Psychiatry*, *Journal of Clinical Psychology*, and *Health Psychology*.
- Assisted in designing and implementing studies utilizing experimental, self-report, and meta-analytic methodologies to investigate stress-related outcomes.
- Provided consultation to international researchers (e.g., Brazil, Madagascar, China) on translating and implementing the Stress and Adversity Inventory (STRAIN), facilitating its widespread global application.

### SDSU Social Relationships and Health Lab, San Diego, CA

2018 – 2020

#### Graduate Student and Researcher

- Conducted experimental and cross-sectional studies, utilizing Actor-Partner Interdependence Models to analyze the associations between communication patterns and cardiovascular outcomes

### UC Davis Human Memory Lab, Davis, CA

2016 – 2017

#### Research Assistant

- Planned, organized, and conducted experiments focused on the effects of stress on cognitive abilities that led to a publication in *Emotion*.

### Child Life Clinic, M.I.N.D. Institute, Sacramento, CA

2015 – 2016

#### Research Assistant

- Assisted psychologists in diagnostic tests, interviews, guided therapy activities, and treatment plan development for children with neurodevelopmental disorders.

### Early Start Lab, M.I.N.D. Institute, Sacramento, CA

2014 – 2015

#### Research Assistant

- Conducted research on the early diagnosis and treatment of autism spectrum disorder.
- Organized paperwork, utilized computer programs, and controlled camera equipment to record patient sessions.

## EMPLOYMENT EXPERIENCE

### UCR Graduate School of Education - California Teach-Science & Mathematics Initiative

*Graduate Student Researcher Statistics Consultant and Data Analyst*

**SUMMER 2021 –**

**SPRING 2022**

- Organized, analyzed, and modeled data to generate actionable insights; provided guidance on the effective presentation of results to diverse audiences.
- Facilitated the development and completion of a technical report titled "*Online Strategy Usage and Fostering a Sense of Belonging in Undergraduate STEM Education: Evaluation of the SMI Online Platform Impact During COVID-19*".

### Keck School of Medicine at the University of Southern California

*Data Analyst (Contractor)*

**SUMMER 2020 –**

**SUMMER 2021**

- Organized, analyzed, and modeled data for a study examining psychosocial risk factors predicting health and health behaviors among ethnic and sexual minority men, culminating in a publication in a peer-reviewed journal.

### Easterseals Southern California

*Behavior Interventionist*

**FALL 2017 –**

**SUMMER 2018**

- Provided behavior intervention services to children with autism according to a treatment plan that emphasized applied behavior analysis techniques.

### Peninsula Living Magazine, Brookvale, Australia

*Journalist Intern*

**FALL 2016 –**

**WINTER 2016**

- Wrote news, health, and advertisement articles for publication in a magazine and interviewed clients and local organizations

## TEACHING EXPERIENCE

### Associate Instructor – UC Riverside

#### *Social Psychology (SUMMER 2023)*

- Developed curriculum, planned lessons, and created exams for a class of 35 students that focused on topics and research in social psychology (e.g., emotion, attraction, aggression).
- Provided detailed teaching material and instruction to 2 teaching assistants.

### Teaching Assistantships – UC Riverside

#### *Psychological Methods: Research Procedures (FALL 2022, 2024 WINTER 2023, 2024)*

- Taught students how to develop testable and ethical research questions, design studies based on that question and use Microsoft Excel to analyze data.

#### *Advanced Research Methods (FALL 2023, SPRING 2023)*

- Taught research design, data analysis methods, and how to write APA style research papers.
- Led class discussions, provided tutoring, and provided feedback on assignments.

#### *Social Psychology (WINTER 2024, SUMMER 2022, WINTER 2022, FALL 2021, SUMMER 2021)*

- Presented lectures on theories and research in topics such as social cognition, conformity, attitudes, stereotyping, attraction, aggression, and prosocial behavior.
- Facilitated class discussions and student's critical thinking skills.
- Created quizzes, lecture slides, and graded assignments.

#### *Introduction to Psychology (SUMMER 2021, WINTER 2025)*

- Presented lectures on major concepts, theoretical perspectives, and empirical findings in developmental and social psychology. Created quizzes, lecture slides, and graded assignments.

### Teaching Assistantships – San Diego State University

#### *Research Methods in Psychology (FALL 2019-SPRING 2020)*

- Presented lectures to a class of ~40 students on psychological research methods, writing APA style research papers, and using statistical software to analyze data.
- Evaluated student papers, maintained records, and performed group and 1-on-1 tutoring.

## AWARDS

<b>UCR Graduate Student Association Travel Grant and Department Funding</b>	\$1650	<b>WINTER 2024</b>
Obtained funding to attend and present a poster at the Society for Personality and Social Psychology (SPSP) conference		
<b>UCR's Gluck OPA! Fellowship</b>	\$200	<b>WINTER 2024</b>
Engaged in workshops and delivered presentations to the public exploring the artistic representation of my dissertation research		
<b>UCR Humanities Graduate Student Research Grant – Center for Ideas and Society</b>	\$300	<b>SPRING 2023</b>
Obtained funding to provide compensation to 97 participants who completed a survey as a component of my dissertation		
<b>UCR Graduate Student Association Travel Grant</b>	\$100	<b>SPRING 2023</b>
Obtained funding to attend and present a talk at the Western Psychological Association (WPA) conference		
<b>SDSU Psychology Department Travel Grant</b>	\$1000	<b>FALL 2019</b>
Obtained funding to attend and present a poster at the Western Psychological Association (WPA)		
<b>SDSU Psychology Department Travel Grant</b>	\$1000	<b>SPRING 2019</b>
Obtained funding to attend and present a poster at the Western Psychological Association (WPA)		
<b>SDSU Graduate Equity Fellowship</b>	\$1500	<b>FALL 2019</b>
Granted funding to aid in the cost of PhD application fees and miscellaneous research expenses		
<b>SDSU Student Success Funds - Academic Related Programs</b>	\$26,875	<b>SPRING 2018</b>
Successfully wrote and submitted a grant proposal resulting in the acquisition of funds to sponsor the attendance of 25 graduate students at the Society for Personality and Social Psychology (SPSP) conference.		

## CONFERENCE TALKS/POSTERS

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**Spahr, C. M.**, & Robbins, M. L. (2024). *Who talks to themselves out-loud? Perceived frequency, characteristics, and mental health correlates of out-loud self-talk*. Society for Personality and Social Psychology (SPSP) Convention, San Diego, CA.

Engels, N., Riphagen, J. M., Van Egroo, M., **Spahr, C. M.**, & Slavich, G. M. (2023) *Preliminary validation of the Stress and Adversity Inventory for Adults (Adult STRAIN) in Dutch and its associations with in-vivo locus coeruleus integrity*. Alzheimer's Association International Conference, Amsterdam, Netherlands.

**Spahr, C. M.**, & Robbins, M. L. (2023) *Frequency of gossiping in romantic relationships: Associations with dyad gender and relationship quality*. Flash Talk Paper. Western Psychological Association Annual Convention, Riverside, CA.

Rivera, K., Infante, A., **Spahr, C. M.**, Slavich, G. M., Doom, J. (2023). *Associations between lifetime stress, positive childhood experiences, and cardiovascular risk among adolescents*. Flash Talk Paper. Society for Research in Child Development Biennial Meeting, Salt Lake City, UT.

Parra L. A., Roos L. G., **Spahr C. M.**, Goldbach J. T., Bray B. C., Kipke M. D., & Slavich G. M. (2022). *Optimism mitigates the effects of financial stressors on mental health among sexual minority people-of-color*. The 3rd International Conference on LGBT+ Psychology and Related Fields, Lisbon, Portugal.

Kim, E., Shields, G. S., **Spahr, C.M.**, Joseph, N. T., Slavich, G. M., Zilioli, S. (2022) *Validation of the Stress and Adversity Inventory for Adults (Adult STRAIN) among urban middle-aged and older African Americans*. Association for Psychological Science Conference, Chicago, IL.

Dilawari, K., **Spahr, C.M.**, Robbins, M. L. (2022). *Gossip frequency associations with happiness*. UC Riverside Undergraduate Research Symposium. Riverside, CA.

Mohan, L., Parra, L. A., **Spahr, C. M.**, Goldbach, J. T., Bray, B. C., Kipke, M. D., Slavich, G. M. (2022). *Ethnic/racial and sexual minority group differences in lifetime stressor exposure and mental health*. Western Psychological Association Annual Convention, Portland, OR.

Mohan, L., Parra, L. A., **Spahr, C. M.**, Goldbach, J. T., Bray, B. C., Kipke, M. D., Slavich, G. M. (2022). *Lifetime stressor exposure and mental health among sexual minority people of color*. Western Psychological Association Annual Convention, Portland, OR.

Moen, A., **Spahr, C. M.**, Slavich, G. M., Olvera-Alvarez, H. A. *Association of early life stressor exposure and depressive symptoms in Hispanic women*. Association for Psychological Science Conference, Chicago, IL.

Samar, A., del Campo, T. M., **Spahr, C. M.**, Robbins, M. L. (2021). *Association between demographic variables and engagement in positive reframing during the COVID-19 pandemic and Black Lives Matter Movement*. UC Riverside Undergraduate Research Symposium. Riverside, CA. (Virtual presentation).

**Spahr, C. M.**, & Vaughn, A. A. (2020). *The effect of roommate racial composition on relationship quality*. Western Psychological Association Annual Convention, San Francisco, CA. (Virtual presentation).

**Spahr, C. M.**, Shields, G. S., Slavich, G. M. (2020) *Psychosocial interventions and immune system function: A systematic review and meta-analysis of randomized controlled trials*. American Psychosomatic Society (APS) Annual Meeting, Long Beach, CA.

**Spahr, C. M.**, Harmata R., Villodas, M. T., Schnapp, J. E., & Vaughn, A. A. (2020). *Communication is key: Communication privacy management in romantic relationships*. Society for Personality and Social Psychology (SPSP) Convention, New Orleans, LA.

Stal, J., **Spahr, C. M.**, & Vaughn, A. A. (2019). *Relationship quality, health behaviors, and mental health of lesbian women in romantic relationships*. Western Psychological Association Annual Convention, Pasadena, CA.

**Spahr, C. M.**, Stal, J., Vaughn, A. A. (2019). *Relationship quality, health behaviors, and mental health of lesbian women in romantic relationships*. Student Research Symposium, San Diego State University, San Diego, CA.

Rolnik B., **Spahr C. M.**, Sichko S., Bui T., Cazassa M. J., Shields G. S., Slavich G. M. (2019). *Using the Stress and Adversity Inventory (STRAIN) to assess lifetime stress exposure in clinical settings*. American Psychosomatic Society 77th Annual Scientific Meeting, Vancouver, British Columbia.

Collazzoni, A., Ottaviani, C., Mancini, F., **Spahr, C. M.**, Sichko, S., Cazassa, M. J., Shields, G. S., Slavich, G. M. (2018). *Translation and evaluation of the Stress and Adversity Inventory for Adults (Adult STRAIN) in Italian*. Association for Psychological Science Annual Convention, San Francisco, CA.

## CERTIFICATIONS AND SERVICE ACTIVITIES

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### Certificate in Evidence-Based Teaching | SDSU Center for Teaching and Learning (2020)

#### Ad Hoc Reviewer

- *Group Processes and Interpersonal Relations*
- *Anxiety, Stress, & Coping*

#### Service to UCR Psychology Department

- R'PSYCH 2024 Abstract Review Committee Member
- Engaged in retreats, workshops, and presentations linked to UCR's Artistic Expression of Original Research exhibition—a program aimed at enlightening the public about diverse scientific subjects through artistic means. My artwork serves as a representation of my dissertation research on out-loud self-talk
- Graduate student panel for CSU Long Beach's TRIO program
- Proctor exams for undergraduate courses
- Meet with department job candidates to provide input on search
- Advise, train, and mentor 20+ research assistants in the OBSERVE Lab (see 'Mentoring and Training' section), as well as provide one-on-one tutoring, professional development advice to former and current undergraduate students in the courses I have taught
- Write or assist in writing letters of recommendation for my undergraduate students and research assistants (~15 total) who were in the process of applying to graduate school or psychology-related jobs

#### Service to SDSU Psychology Department

- Psychology Graduate Ambassador
- Invited Speaker for Psi Chi/Psychology Club Research Panel
- Invited Speaker for Graduate Panel on Surviving and Thriving in Graduate School
- Test proctor
- Wrote letters of recommendation for undergraduates applying to graduate school or psychology-related jobs

#### Psi Chi International Honor Society in Psychology Member | San Diego State University

#### Chairman of the Board | Students Helping Heroes Foundation

- Volunteer with an organization that provides emotional and financial assistance to families of fallen soldiers.

## REFERENCES

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Megan L. Robbins, PhD, Associate Professor  
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## MENTORING AND TRAINING

**UCR OBSERVE Lab Research Assistants** (Ruthie Quinone, Amber Summers, Grace Youn, Samantha Masucci)

**SUMMER 2024 – Present**

Interviewed and in the process of training 5 research assistants on Electronically Activated Recorder coding procedures for a study on associations between out-loud self-talk and mental-health/well-being.

**Bernadet Davood (UCR)**

**SPRING 2024 – Present**

Providing guidance for a poster presented at the 2024 UCR Undergraduate Research Symposium on the association between self-reported out-loud self-talk frequency, characteristics, and personality correlates.

**UCR OBSERVE Lab Research Assistants** (Sahana Bhattal, Nardin Khalil, Bernadet Davood, Uma Ganeshan, Smritii Senthil, Katia Sueldo Perleche, Imelda Saucedo)

**SUMMER 2023 – 2024**

Interviewed and trained 7 research assistants on Electronically Activated Recorder coding procedures for a study on associations between out-loud self-talk and mental-health/well-being.

**Zach J. Gray (University of Arkansas/UCLA)**

**SPRING 2022 – Present**

Provide training videos and instructions as I transition out of my UCLA Stress Lab project manager position.

**Karan Dilawari (UCR)**

**WINTER 2022 – 2023**

Provided guidance for a poster presented at the 2022 UCR Undergraduate Research Symposium on the association between romantic partner gossip frequency and self-reported happiness.

**Esther Min (UCR)**

**SPRING 2022 – WINTER 2023**

Mentored a former research assistant in the development of their University Honor's Program capstone project which examined predictors of engagement in negative gossip.

**Leela Mohan (UCLA)**

**SPRING 2021 – 2022**

Provided instructions and guidance for conducting a detailed literature review and annotated bibliography, which aided in my co-authored publication accepted in the *Journal of Clinical Psychology*. Mentored student throughout the creation of two posters broadly focused the association between cumulative life stress and mental health in a sample of ethnic/racial and sexual minority adults. Posters presented at the 2022 Western Psychological Association Annual Convention.

**UCR OBSERVE Lab Research Assistants** (Alessandra Kamitsubo, Chris Perrine, Dennis Delgadillo, Esther Min, Eugene Jung, Karan Dilawari, Lan Di Ju, Leslie Armbruster, Natalie Penrose, Nathan Arellano, Samantha Chang, Sophia Chen)

**SUMMER 2021 – FALL 2022**

Interviewed and trained 12 research assistants on Electronically Activated Recorder (EAR) coding procedures for a study on associations between romantic partner gossip, demographic factors and mental-health/well-being.

**UCR OBSERVE Lab Research Assistants** (Ayesha Samar and Taylor del Campo)

**WINTER 2021 – SPRING 2022**

Taught RAs how to run descriptives and frequencies in SPSS and create/present a poster on associations between COVID-19-related positive reframing and demographic variables (e.g., employment status and income). Presented at the 2021 UCR Undergraduate Research Symposium.